



Program Guide





What are Intramural Sports?

Intramural sports at Northeastern University are organized recreational activities so that our entire student population has the opportunity to participate, regardless of athletic ability or preference. Our goal is to have structured and rewarding recreational opportunities in men's, women's and co-recreational sports. Intramural sports are offered throughout the calendar year while school is in session. Teams are registered by student managers with an emphasis on participation over competition. A variety of leagues are offered to accommodate all skill sets and abilities.



Program Offerings

Below are typical sport offerings for each semester.

Fall:

Ice Hockey, Broomball, 3v3 Basketball, 5v5 Basketball, Sand Volleyball, Cornhole, Indoor 4v4 Volleyball, Wiffleball, Spikeball, KanJam, Indoor Soccer, Dodgeball and Flag Football.

Winter / Spring:

Ice Hockey, Broomball, 5v5 Basketball, Indoor 4v4 Volleyball, Indoor Soccer, Flag Football, Roller Hockey, Floor Hockey, Sand Volleyball, Cornhole, KanJam, Dodgeball and Spikeball

Summer 1 & 2:

Indoor Soccer, Flag Football, Wiffleball, Cornhole, Sand Volleyball, 5v5 Basketball and Floor Hockey, KanJam, Dodgeball and Spikeball.

Additionally, we hold various special events throughout the entire year which include Futsal, Arena Flag Football, 2v2 Volleyball, Dodgeball and many others!

Please note that our program offerings do vary from semester to semester and that we are subject to time and facility constraints.

Clockwise from upper
left: volleyball, broomball,
basketball, flag football,
futsal, ice hockey.



PLEASE

ENTER



NORTHEASTERN
Intramural Sports

Registration

Registration for all sports is offered at the beginning of each semester. Typically, registration begins on the first official day when undergraduate classes start, but it may fluctuate slightly. Special event registration will vary from term to term but information will always be available on the Campus Recreation Website.

Team registrations are taken on a first come, first serve basis. We encourage all interested participants to register as early as possible as facility space is limited and most sports often have a wait list. All registrations are done online via IMLeagues.com

Who can play?

All registered and enrolled Northeastern University undergraduate and graduate students are allowed to play intramural sports. There is no additional cost and students may play more than one sport.

At the beginning of every term we set up an information desk to distribute the marketing materials for the upcoming season.



Huntington Yard



The Marino Center



Cabot Cage



Matthews Arena



Willis Court

Game times and locations

Games are scheduled Monday through Friday from 6:00pm to 12:00am and from 8:00am to 12:00am on the weekends.

Depending on the activity, Intramural Sports can be held at one of our five on campus locations.

Basketball, Volleyball and all our court sports are played at the Marino Center. Soccer and Flag Football are held at the Cabot Indoor Track and Field. Both Broomball and Intramural Ice Hockey are scheduled at historic Matthews Arena. Wiffleball, Cornhole and Sand Volleyball, as well as other special events, are played at the newly built Huntington Yard and Willis Sand Volleyball Court.



Free Agents

Free agents are students interested in participating in Intramural Sports, but do not have a team to join.

All free agents should register with IMLeagues.com at the beginning of the sport season. Teams that need players will contact free agents to join their team.

Keep in mind free agents are not guaranteed to be placed on a team. Individuals will be contacted by team managers seeking players, and not by the Intramural Department.

Roster Adds

In the Intramural Sports Program your original rosters are not set or permanent. You may add players to your roster up until the conclusion of the season. All roster additions are done online at IMLeagues.com

Clockwise from upper left:
broomball, volleyball,
basketball, wiffleball, ice
hockey and arena flag
football

Intramurals

- [Manager's Information](#)
- [Team Registration](#)
- [Roster Management](#)
- [Schedule and Standings](#)
- [Rules and Policies](#)
- [Intramural Champions](#)
- [Become a Referee](#)
- [Intramural Staff](#)
- [Game of the Week](#)

Rules and Policies

- [Intramural Handbook](#) or [PDF](#)
- [Banned Equipment and Jewelry Poli](#)
- [Protest Policy](#) or [PDF](#)
- [Protest Form](#)
- [Guest Policy](#) or [PDF](#)

- [Sport Court Rules](#) or [PDF](#)

Sport Rules

- [Arena Flag Football](#) or [PDF](#) [See a clip of](#)
- [Basketball \(3 on 3\)](#) or [PDF](#)
- [Basketball \(5 on 5\)](#) or [PDF](#) [See a clip of](#)
- [Broomball](#) or [PDF](#) [See a clip of](#)
- [Dodgeball](#) or [PDF](#) [See a clip of](#)
- [Flag Football](#) or [PDF](#)
- [Floor Hockey](#) or [PDF](#) [See a clip of](#)
- [Futsal](#) or [PDF](#) [See a clip of f](#)
- [Ice Hockey](#) or [PDF](#) [See a cli](#)
- [Indoor Soccer](#) or [PDF](#)
- [Innertube Waterpolo](#) or [PDF](#)
- [Kickball](#) or [PDF](#)
- [Mini Lacrosse](#) or [PDF](#) [See a ci](#)
- [Quickball](#) or [PDF](#)

The intramural website offers a multitude of resources including the sport rules and department policies.

Intramural Managers Handbook

The Intramural Managers Handbook is a resource guide detailing all our policies and procedures. The handbook covers everything from eligibility requirements to suspensions for ejected players. The entire guide can be found online at www.campusrec.neu.edu

Sport Rules

All of the individual rules for each intramural sport can be found online. Additionally, we have provided illustrated rules for many of our intramural sports. These are supposed to provide an aid to our student participants in helping them acclimate to rule changes from other organized leagues that they may have previously participated in.





Playoffs and Championships

At the conclusion of all intramural seasons a single elimination tournament will be held to determine that term's Intramural Champion. Winners will receive a Championship T-shirt and have their victory featured on the Campus Rec web site.

www.campusrec.neu.edu/intramurals/champions.php





Sportsmanship Recognition

In an effort to promote sportsmanship with all our participants the Intramural Department has instituted the "Sportsmanship Recognition Award." This award is given to participants that display outstanding sportsmanship during an intramural competition.

“**THE MORE HONOR AND RESPECT AMONGST THE PLAYERS THE GREATER THE GAME.**”



UNIVERSITY
SPORTS

Sportsmanship Recognition Award

This certificate is in recognition of your act of sportsmanship. This is redeemable for one t-shirt from the Intramural Department. Please stop by the Marino Center Monday through Friday between 2:00 pm and 9:00 pm to receive your reward for displaying outstanding sportsmanship.

Staff Signature: _____ Date: _____



STAFF



Intramural Sports Staff

Officiating Intramural Sports is one of the toughest jobs on campus. We are looking for students that are up for the challenge and that can handle the stress. Student officials are extensively trained in current rules and mechanics. No previous officiating experience is required, however, experienced and certified officials are encouraged to apply.

All of the officials in the department are student staff; highly trained in their respective sports.

www.campusrec.neu.edu/intramurals/jobs.php



Contact Information

The Intramural Sports Office
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www.campusrec.neu.edu/intramurals/