

Tracy L. Robinson-Wood, Ed.D., LMHC, LCMHC, MAC, NCC, EMDR-CRT

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Education

Harvard University, Cambridge MA 1988 Ed.D. Human Development & Psychology
Harvard University, Cambridge MA 1983 Ed.M. Human Development & Psychology
Azusa Pacific University, Azusa, CA 1982 B.A. Psychology & Communication Arts

Administrative Appointments

Associate Dean of Equity, Inclusion, and Diversity. Bouvè College of Health Sciences, Northeastern University, 2018-2019

Program Director of the Ph.D. in Counseling Psychology Program. Department of Counseling and Applied Educational Psychology, Northeastern University, 2008 -2014.

Director of Research. Quality Education for Minorities (QEM). Carnegie funded grant to create an action plan for URM students, pre-K through high school. Massachusetts Institute of Technology (MIT). 1988-1989.

Director of Counseling and Testing Center. Johnson C. Smith University, Charlotte, NC, Woodrow Wilson Fellowship (Pre-doctoral, non-APA).1985-1987

Academic Appointments

Professor of Counseling Psychology. Department of Applied Psychology, Northeastern University, 2002 -present.

Clinical Services/Responsibilities: Supervised Masters and Ph.D. students, taught across Masters and Ph.D. programs, conducted research on the intersections of race, gender, class, and culture.

Professor and Program Director of the Ed.M. in Community Counseling Program. Department of Counselor Education, North Carolina State University, Raleigh, NC. 2000-2002. CACREP-approved

Associate Professor and Program Director of the Ed.M. in Community Counseling Program. Department of Counselor Education, North Carolina State University, Raleigh, NC. 1994 -2000. CACREP-approved

Assistant Professor and Program Director of the Ed.M. in Community Counseling Program. Department of Counselor Education, North Carolina State University, Raleigh, NC. 1989-1994. CACREP-approved

Professional Memberships: EMDRIA International; American Psychological Association (APA); Massachusetts and RI Association of Counselor Education and Supervision (MARIACES); Council for Counseling Psychology Training Programs (CCPTP); National Association of Alcohol and Drug Abuse Counselors (NAADAC—Board Member, 2016-2018); New Hampshire Alcohol and Drug Abuse Counseling Association (NHADACA).; Eye Movement Desensitization Reprocessing International (EMDRIA); New Hampshire Psychological Association (NHPA)

Professional Licenses:

1. Licensed Mental Health Counselor (LMHC); *Massachusetts*, #6086, Initial MA license issued in 2006. Expires December 31, 2023.
2. Licensed Clinical Mental Health Counselor (LCMHC), *New Hampshire*, #902, Initial NH license issued in 2012. Expires February 21, 2024.
3. Lapsed. Licensed Professional Counselor (LPC); North Carolina, Initial license issue in 1996. Lapsed in 2010.

Certifications:

1. Nationally Certified Counselor (NCC), since 1996
2. Master Addiction Counselor (MAC), since 2016

Lakes Region Mental Health, Plymouth, NH: Provide psychotherapy services to community mental health agency adults on a per diem basis as the only licensed adult team clinician at rural NH location. September 2016-June 2022.

Robinson-Wood Applied Psychology, PLLC, Campton, NH: With my husband, Dr. Geoffrey Robinson-Wood, licensed psychologist, provide testing, assessment, psychoanalytic psychotherapy, and counseling services to children and adults. June 2014-present.

September 2010 – May 2014. Children-inspired clinical gap.

The Figman Psychiatric Group. Raynham, MA. January 2009 – August 2010.

Independent Contractor: Provide psychotherapy services primarily to adolescents and adults. Axis I and Axis II issues treated.

Behavioral Psychiatric Psychological Associates (BPPA). Raynham, MA. June 2007 - February 2009. Independent Contractor. Provided psychotherapy services primarily to adults. Axis I and Axis II issues treated.

August 2002 – May 2007. Clinical gap due to work relocation

Private Practice, Raleigh, NC. 1997 – 2002. Provided counseling services primarily to adults.

Support Group for African American Women. 1993 –1996. Supervisors Drs. Stanley Baker (LPC) and Mawiyah Kambon (Licensed Psychologist).

Publications

Robinson-Wood, T.L., Mwangi-Balogun, O; Muse, C.; Abdelkerim, N., Elrahman, J., Hewitt, R., Cook, E. S., Craddock, K.T., Chawla, S., Renata Hool, A., Askenazi, A. (Submitted to Psychological Trauma: Theory, Research, Practice, and Policy). Invited to revise. They haunt me to my core: Racial trauma, police/civilian interactions, and resistance.

Ward, J., **Robinson-Wood, T.L.**, Muse, C., Mwangi-Balogun, O; Abdelkerim, N., Elrahman, J., Hewitt, R., Cook, E. S., Craddock, K.T., Chawla, S., Renata Hool, A., Askenazi, A. (Submitted to Journal of women and gender in higher education). Invited to revise. The Reality, Relevance, and Reckoning of Black College Women’s Friendships across Race: Implications for Current-day Diversity Programming.

Ward, J. V., & **Robinson-Wood, T. L.** (2022). *Sister Resisters: Mentoring Black college women on campus.* Harvard Education Press. Cambridge, MA.

Robinson-Wood, T. L. (2022). Race, Culture, Ethnicity, and the Group of Seven: *Diversity and Social Justice in Counseling, Psychology, and Psychotherapy: A Case Study Approach* (193-206). Drs. Anusha Kassin and Roy Moodley (Eds). Cognella Academic Publishing, San Diego.

Robinson-Wood, T. L., Mwangi-Balogun, O; Muse, C., Abdelkerim, N., Elrahman, J., & Hewitt, R. (2021). Regular white people things: The presence of white fragility in interracial families. The presence of white fragility in interracial families. *Family Relations Journal*

Mwangi-Balogun, O., **Robinson-Wood, T.**, Chantal Muse, C., Ruthann Hewitt, R., Elrahman, J. (in process). *We never talked about race.* A quantitative analysis of racial socialization in interracial families.

Robinson-Wood, T. L., Balogun-Mwangi, O., Weber, A., Zeko-Underwood, E., Collins, S., Popat, A., Matsumoto, A., & Cook, E. (2018). “What is it going to be like?” A phenomenological investigation of racial, gendered and sexual microaggressions among highly educated individuals. *Journal of Qualitative Psychology*, <http://dx.doi.org/10.1037/qup0000113>

Ward, J. V., & **Robinson-Wood, T. L.** & Boadi, N. (2017). Resisting everyday colorism in schools: Strategies for identifying and interrupting the problem that won’t go away. In Carla Monroe (Ed). *Race and colorism in education* (pp. 5-24). Routledge Research in Educational Equality and Diversity Series. CA.

Weber, A., Collins, S., Zeko-Underwood, E., **Robinson-Wood, T. L.** & Poindexter, B. (2017). Subtle and severe: Microaggressions among racially diverse sexual minorities. *Journal of Homosexuality, 0*, 1-20.

Robinson-Wood, T. L. (2017). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*, 5th Edition. CA: Sage Publications.

Robinson-Wood, T. L. (2017). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*, *Instructor's Manual*. 5th edition. CA: Sage Publications.

Robinson-Wood, T. L. & Weber, A. (2015). Deconstructing isms. In Debra Harley and Pamela Teaster (Eds). *The Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies* (pp. 65-82). NY: Springer.

Robinson-Wood, T. L., Balogun, O., Boadi, N., Matsumoto, A., Popat, A., Fernandes, C., & Zhang, X. (2015). *Worse than blatant racism: A phenomenological investigation of microaggressions among highly educated black women*. *Journal of Ethnographic and Qualitative Research, 9*, 221-236.

Robinson-Wood, T. L. (2015). The relevance of non-colorblind talk between white women and nonwhite children: A discussion. *International Journal of Youth and Family Studies, 6*, 646-661.

Robinson-Wood, T. L. & Watt, S. K. (2015). Daring greatly: A reflective critique of the Authentic, Action-Oriented Framing for Environmental Shifts (AAFES) Method. In Sherry Watt (Ed). *Designing Transformative Multicultural Initiatives: Theoretical Foundations, Practical Applications and Facilitator Considerations Series*. VA: Stylus Publishing.

Robinson-Wood, T. L. (2014). Measuring Resistance in Black Women: The Resistance Modality Inventory. *Journal of Systemic Therapies, 33*, 62-77.

Martin, A., Boadi, N., Fernandes, C., Watt, S. K., & **Robinson-Wood, T. L.** (2013). Applying resistance theory to depression in Black women. *Journal of Systemic Therapies (Canada)*. 32, (1), 1-13.

Robinson-Wood, T. L. (2013). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*, 4th Edition. New Jersey: Merrill/Prentice Hall.

Robinson-Wood, T. L. (2013). *Instructor's Manual: The convergence of race, ethnicity, and gender: Multiple identities in counseling, 4th edition*). New Jersey: Merrill/Prentice Hall.

Robinson-Wood, T. L. (2011). "It makes me worry about her future pain": A qualitative investigation of White mothers of non-White children in the United States. *Women & Therapy, 34*, 331-344.

Robinson-Wood, T. L. (2010). Privileging multiple converging identities in counseling and Clemmont E. Vontress. In Roy Moodley and Rinaldo Walcott (Eds.). *Counseling across and beyond cultures: Exploring the work of Clemmont E. Vontress in clinical practice*. (pp. 233-246). Toronto: University of Toronto Press.

Robinson-Wood, T. L. (2010). Paving the path of culture and counseling: A conversation with Clemmont E. Vontress. In Roy Moodley and Rinaldo Walcott (Eds.). *Counseling across and beyond cultures: Exploring the work of Clemmont E. Vontress in clinical practice*. (pp. 278-292). Toronto: University of Toronto Press.

Robinson-Wood, T. L. (2010). "Is that your mom?" A qualitative investigation of White mothers of non-White children in the United States and New Zealand. *Journal of Qualitative and Ethnographic Research*, 22, 226-238.

Robinson-Wood, T. L. (2009). Love, school, and money: Stress and cultural coping among ethnically diverse Black college women: A mixed-method analysis. *The Western Journal of Black Studies*. 33, 77-86.

Robinson-Wood, T. L. (2009). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*, 3rd Edition. New Jersey: Merrill/Prentice Hall.

Robinson-Wood, T. L. (2008). Extending cultural understanding beyond race and ethnicity. In Courtland Lee (Ed.), *Elements of culture in counseling: Theory & practice*. (pp. 31-40). Pearson. New Jersey.

Ward, J. V., & **Robinson-Wood, T L.** (2006). Room at the table: Racial and gendered realities in the schooling of Black children. In C. Skelton, B. Francis, and L. Smulyan (Eds.). *The Sage Handbook of Gender and Education*. (pp. 323-338). London: Sage Publications.

Robinson, T. L. (2005). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*, 2nd Edition. New Jersey: Merrill/Prentice Hall.

Robinson-Wood, T. L., & Braithwaite-Hall, M. (2005). "Spirit matters: Women, spirituality, and clinical contexts." In M. Mirkin, K. Suyemoto, and B. Okun (Eds.). *Psychotherapy with women: Exploring different contexts and identities*. (pp. 280-296). New York: Guilford Press.

Robinson, T. L., & Kennington, P. D. (2002). "Holding up half the sky": Women and Psychological resistance. *Journal of Humanistic Counseling and Development*, 41, 164-177.

Robinson, T. L., & Watt, S. K. (2002). "Where no one goes begging:" Converging gender, sexual, and religious diversity. In Myers, Locke, and Herr (Eds.). *Handbook of Counseling*. 589-599. CA: Sage Publications.

- Scott, D. M., & **Robinson, T. L.** (2002). White male identity development: The Key Model. *Journal of Counseling & Development*, 79, 415-421.
- Watt, S. K., **Robinson, T. L.**, & Lupton-Smith, H. (2002). Building racial identity and ego development in graduate students. *Journal of Counseling & Development*, 80, 94-100.
- Robinson, T. L. (2001). White mothers of non-White children. *Journal of Humanistic Counseling and Development*. 40, 171-184.
- Robinson, T. L.**, & Howard, M. H. (2000). *Instructor's Manual: The convergence of race, ethnicity, and gender: Multiple identities in counseling*. New Jersey: Merrill/Prentice Hall.
- Robinson, T. L.**, & Howard, M. H. (2000). *The convergence of race, ethnicity, and gender: Multiple identities in counseling*. New Jersey: Merrill/Prentice Hall.
- Robinson, T. L. (2000). Making the hurt go away: Psychological and spiritual healing for African American women survivors of incest. *Journal of Multicultural Counseling & Development*, 28, 160-176.
- Garrod, A., Ward, J. V., **Robinson, T. L.**, & Kilkenney, B. (1999). *Souls looking back: Stories of growing up Black*. New Jersey: Routledge.
- Robinson, T. L. (1999) The intersections of identity. In A. Garrod, J. Ward, T. Robinson & Kilkenney, B. (Eds.). *Souls looking back: Stories of growing up Black*. pps. 82-95. New Jersey: Routledge.
- Robinson, T. L. (1999). The intersections of dominant discourses across race, gender, and culture. *Journal of Counseling & Development*. 77, 79-83
- Ting, S., & **Robinson, T. L.** (1998). First year retention rates of Caucasian and African American students. *Journal of College Student Development*, 39, 599-610.
- Robinson, T. L. (1997). Insurmountable opportunities. *Journal of Counseling & Development*, 76, 1. 6-7.
- Poindexter-Cameron, J., & **Robinson, T. L.** (1997). Relationships among racial identity attitudes, Womanist identity attitudes, and self-esteem in African American college women. *Journal of College Student Development*, 38, 288-296.
- Brookins, C. B., & **Robinson, T. L.** (1996). Rites of passage as resistance to oppression. *Western Journal of Black Studies*, 19, 172-185.
- Robinson, T. L., & Ward, J. V. (1995). African American adolescents and skin color. *Journal of Black Psychology*, 21, 256-274.

Robinson, T. L. (1994/95). The intersections of gender, race, class, and culture: On seeing clients whole. In John Kromkowski (Ed). Reprinted in *Annual Editions, Race and Ethnic Relations*, (Ed.). CT: Dushkin Publishers.

Rendon, L. I., & **Robinson, T. L.** (1994). A diverse America: Implications for minority seniors. In W. Hartel, S. Schwartz, S. Blume, and J. Gardner (Eds.). *Ready for the real world: Senior year experience series*. pps. 170-188. Belmont: Wadsworth Publishing Company.

Robinson, T. L., & Howard, M. H. (1994). An Afrocentric paradigm: Foundation for a healthy self-image and interpersonal relationships. *Journal of Mental Health Counseling*, 16, 327-339.

Robinson, T. L. (1993). The intersections of gender, class, race, and culture: On seeing clients whole. *Journal of Multicultural Counseling and Development*, 21, 50-58.

Robinson, T.L., & Solomon, C. (1993). African Paradox. *American Counselor*, 2, 17-21

Robinson, T. L., & Solomon, C. (1992). AMCD Hosts First International Cultural Awareness Tour. *Guidepost*, 27.

Robinson, T. L. (1992) Transforming at-risk educational practices by understanding and appreciating differences. *Elementary School Guidance and Counseling*. 27, 84-95.

Robinson, T. L. (1992). Unsilenced voices--Distinct tones: Harmony and rhythm. *Initiatives*, 54, 43-47.

Robinson, T. L., & Ward, J.V. (1991). Cultivating resistance among African American adolescents: A model for empowerment. *Women & Therapy*, 11, 3-4.

Robinson, T. L., & Ward, J. V. (1991). A belief in self far greater than any one's disbelief: Cultivating resistance among African American adolescents: A model for empowerment. *Women, girls, & psychotherapy*, 11, 87-103.

Howard-Hamilton, M.F., & **Robinson, T. L.** (1991). Fear of success and achievement motivation in gifted females. *The Gifted Child Today*. May/June.

Bitting, P., Harvey, B., & **Robinson, T. L.** (1991). Between a rock and a hard place. Drugs and schools in African American communities." (Ed.).Dionne J. Jones. *Prescriptions & Policies The Social Well-Being of African Americans in the 1990s*. Transaction Publishers, New Brunswick.

Robinson, T. L. (1990). Understanding the gap between entry and exit: A cohort analysis of Black student persistence. *Journal of Negro Education*, 59, 207-218.

Robinson, T. L. (1989). Keeping more means losing less. In: *Black Issues in Higher Education*, 5.

Okazawa-Rey, M., **Robinson, T. L.**, & Ward, J.V. (1987). Black women: The politics of skin color and hair. In: *Women, Therapy and Power*. Haworth Press. Also published in: *Women Studies Quarterly*.

Presentations

- Growing our DEI Awareness: Tips, Tools, Strategies. Diversity Series. Department of Applied Psychology. February, March 2022.
- The Power of College to Broach Conversations about Race Among Biracial College Students. College of Engineering. Northeastern University, Cambridge, MA. September 2021
- Diversity Dialogue Series: Racism and Anti-Racism. Federal Reserve Bank of Boston, MA. April 2021, June, 2021, December 2021
- Racial Literacy and Spiritual Advisors: Center for Spirituality, Dialogue, and Service (CSDS)/Spiritual Life. Northeastern University. Boston, MA. 2021
- Enhancing Racial Literacy Among Clinicians: University Counseling and Health Center. Northeastern University. Boston, MA. 2020
- Healing Us: Mental Health in the Black Community. Comics in Color. 2020
- Regular White People Things: The Presence of White Fragility in Interracial Families. William James Colloquium. Department of Applied Psychology. Northeastern University. Boston, MA. 2020
- Enhancing Clinical Competence Among Providers: University Counseling and Health Center. Northeastern University. Boston, MA. 2020
- Racial Literacy: Introduction and Reflections. Presidential Council. Northeastern University. Boston, MA. 2020
- Preparation for Racial Dialogue. Chancellor's Office. Northeastern University (3-Part Series as Sole Presenter). Boston, MA. 2020
- Harvard SEAS/Division of Science Community Conversation about George Floyd, Panelist. Cambridge, MA 2020
- Mental Health Prowess in Perilous Times. Harvard University. Equity and Inclusion Journal Club. Cambridge, MA 2020.

- Microaggressions and Mental Health. Harvard University, Arts and Sciences Cambridge, MA 2019.
- Staying woke for good. Northeastern University D.R.E.A.M. Conference. Boston, MA. 2019
- Mentoring for resistance and resilience. Women of Color in the Academy Conference. Boston, MA. 2019
- Disrupting Disparities: Tips, tools, and strategies for health professionals. Bouvè Diversity Grand Rounds. Boston, MA. 2019
- Mutedness in STEM: Broaching fugitive topics that perpetuate exclusion with Celsea Tibbit and Laura Fischer. Institute for the Study and Promotion of Race and Culture. Boston, MA. 2018
- Broaching racial microaggressions: Enhancing clinical competence among white providers. American Psychological Association. San Francisco, CA. 2018.
- Intersectionality. Bouvè College of Health Sciences Book Talk. Boston, MA. 2018
- Maintaining a home practice in a rural setting. William James Colloquium. Boston, MA. 2017
- Resist to remain resilient. Video presentation and discussion concerning black women and microaggressions with Drs. Janie Ward and Karen Craddock. Northeastern University. Boston, MA. 2017
- The reality, relevance, and reckoning of black college women's friendships with white women. Panel Presentation with Drs. Janie Ward and Karen Craddock. Cambridge, MA. Association of Moral Education Conference. Harvard Graduate School of Education. Cambridge, MA 2016.
- Anger among black women. Community Conversations. Panel with Drs. Robin Reed and Karen Craddock. Cambridge, MA. 2016
- Subtle and severe: Microaggressions among racially diverse gender and sexual minorities. Institute for the Study and Promotion of Race and Culture. Boston College. Boston, MA. 2014.
- Microaggressions, health, and coping among black women. Institute for the Study and Promotion of Race and Culture. Boston College. Boston, MA. 2013.

- Microaggressions as psychological violence: African American and Latina professional and Ph.D. students. With Noreen Boadi and Caroline Fernandes Institute for the Study and Promotion of Race and Culture. Boston College. Boston, MA. 2012.
- Is that your mom? White mothers of non-white children. Ethnographic and Qualitative Research Conference. Springfield, OH. 2012.
- Healing the Hostility: Maori women and Pakeha mothers of non-white children. University of Toronto, Canada. 2009.
- Is *that* your mom? White mothers of non-white children. American Psychological Association Conference. Boston, MA, 2008.
- Teaching about privilege to the privileged. Emerson College, Boston, MA. 2008.
- Cultural discourses about diversity: Implications for Counseling. American Counseling Association. Montreal, Canada. 2006.
- Spirit Matters. Women, Spirituality and Therapy. American Psychological Association. Washington, D.C. 2005
- White Male Identity Development: The Key Model. Institute for the Study and Promotion of Race and Culture. Boston College. 2005. With Dr. David Scott

Editorial Boards

Reviewer for *Journal of Homosexuality*, *Family Relations Journal*, *Culture, Health, and Sexuality*, and *Journal of Systemic Therapies*, Editorial Board Member of *International Journal of Youth and Family (Canada)*.

Submitted Grants

1. Racial Literacy for Equity and Inclusion Educators. Will submit August 3, 2022 to Robert Wood Johnson Foundation.
2. Clinician Readiness for Mental Health Impacts of Dual Pandemics with Drs. Oyenike Mwangi-Balogun and Todd Kates. \$747,000. Submitted December 2020 to Robert Wood Johnson Foundation.
3. Submitted October 2018: DO IT Grant. Diversity Grand Rounds. Northeastern University. \$1,500. Funded.
4. Submitted 2017. Tier I. App Use for distress attenuation related to viewing videos of police interactions with civilians of color. Office of the Provost. Northeastern University. \$50,000. Non-funded.
5. Submitted May 2016: Diversity as Sustainability: Resistance for Resilience. Faculty Innovations in Diversity and Academic Excellence. Office of Diversity and Inclusion. Northeastern University. \$12,000. Awarded.

6. Submitted July 2015: Racial socialization in black/white interracial families. NSF/Social Psychology. Subcontract: Duke University. \$1 million. Non-funded (resubmission).
7. Submitted February 2015. Relational Neuroscience, Microaggressions, and Resistance Among Black, Latina, and Native Young Adult Women. NIMHD. Subcontract: Wellesley College. Non-funded, \$1,100,000.
8. Submitted January 2015 (with Dr. Silvia Dominguez). Creating clinical interventions for microaggressed patients. Tier 1 Provost Grant. Non-Funded. \$49,000.
9. Submitted December 2014: Racial socialization of black/white biracial children. NSF/Interdisciplinary Behavioral and Social Sciences. Subcontract: Duke University. \$1 million. Non-funded (resubmission).
10. Submitted November 2013: Racial socialization of black/white biracial children. NSF/Interdisciplinary Behavioral and Social Sciences. \$1 million. Non-funded
11. Microaggressions as psychological violence (2012). Law and Policy. Northeastern University. Non-funded.
10. Girls on Track (Awarded 1999-2001). NSF Co-PI. \$1 million. North Carolina State University. Funded.

Sabbaticals

2015: U.S.A. Completion of 5th edition of *The convergence of race, ethnicity, and gender: Multiple identities in counseling*.

2009: Whakatane, NZ, Research on Children of Color with White Mothers

1998: University of Waikato, Hamilton, NZ. Narrative Therapy